
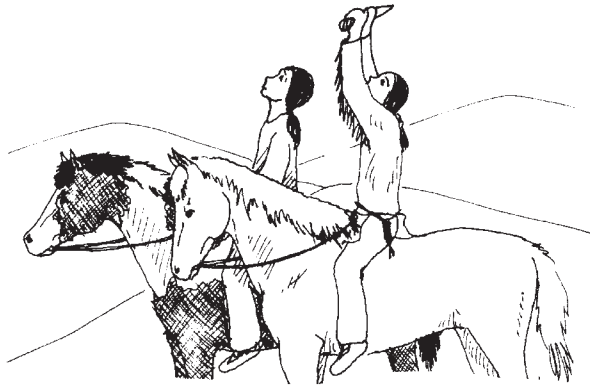


Count Your Blessings

AIM  To identify the good people and resources around us and to understand how lucky we are to have so much.

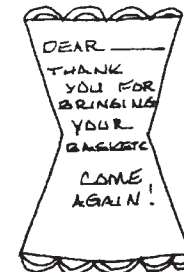
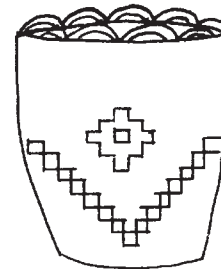


Firemaker received help for his immediate need and was very thankful. Peoples' needs change from time to time. Do not take for granted the things that have been given you or acts of people that have been good to you.

- Take time now to remember the people that helped you today, this week, last year. Write about one time that you remember especially well.
- What things are available to you that make you life happier and you a stronger person? If you could have one things to make you happy what would it be? Write about what it is and what you would do if you got it.

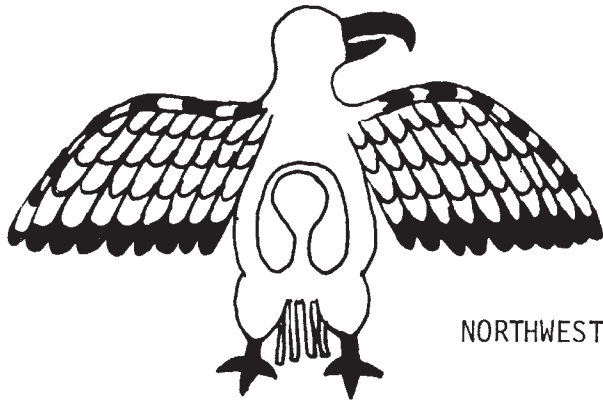
Another way of counting your blessings is to let the people you love, or people that you care about know how much they are appreciated. Consider all the people that help make your school or classroom a good place to be. Try to do some of the following things.

1. When parents, elders or other visitors come to your home or classroom, try to make them feel comfortable. If possible, at least offer coffee or a bite to eat. An old way of many tribes is to make sure visitors do not go away hungry.
2. When someone pleases you, let them know about it. This will help to keep them interested and growing in good thoughts.
3. Let others know you care by remembering them on birthdays or Christmas. Send a card when they are ill.
4. Thank you notes or letters show appreciation to people who have given their time for you.



THUNDERBIRDS -
SACRED BEARER OF HAPPINESS UNLIMITED

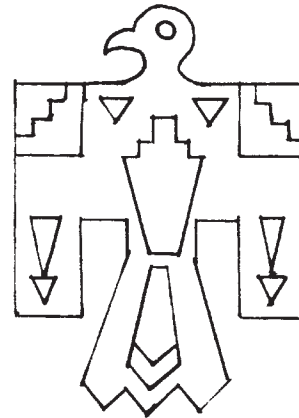
The Thunderbird is a mystical bird which was held in high regard by many Indian tribes. In some tribes members belonged to a Thunderbird clan or group. Sometimes the origin of the entire tribe came from the Thunderbird. There are many different designs for this bird which is shown in a tribe's art. Here a few which you may copy and use for a bulletin board.



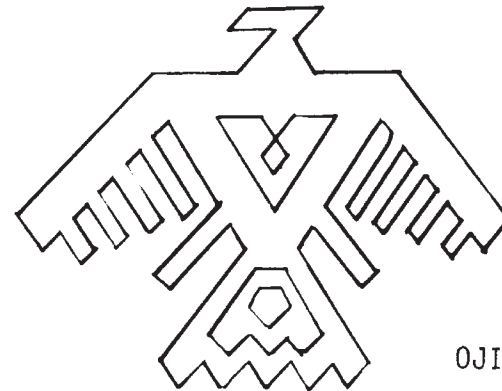
NORTHWEST COAST

Found atop many totem poles with his curved beak is this Thunderbird from the Northwest Coast which was thought to have animal, human and supernatural powers. When storms occurred, Thunderbird was capturing his only enemy and favorite food - whale. His mighty wings would darken the sky. When he saw his prey he would swoop down.

Thunder was in his mighty wings and lightning would flash from his eyes or tongue. To these Indians Thunderbird was a great helper.



PUEBLO



OJIBWA